



Spring 2019

Pre- and Post-Assessment Workshops - ADHD - Burnham

A series of three linked pre- and post-assessment workshops for parent/carers of children and young people who are waiting for an assessment for ADHD or who have recently been diagnosed with ADHD.

Topics covered include:

Introduction to ADHD

- What is ADHD?
- Challenges & concerns
- Strengths and opportunities
- Signposting to support

Anxiety and ADHD

- What is anxiety?
- What is the relationship between ADHD and anxiety
- Coping strategies for children/young people and parent/carers

Managing ADHD Behaviours

- Attention Deficit Behaviours
- Hyperactive Behaviours
- Impulsive Behaviours
- Behaviour Management Strategies

TIME

6.45PM-8.45PM

(no session during half term)

DATE

29 JANUARY 2019

26 FEBRUARY 2019

26 MARCH 2019

VENUE

Burnham Park Hall | Windsor Lane
SL1 7HR Burnham

COST

£5 refundable deposit

CONTACT

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PLEASE REGISTER ONLINE:

<http://www.parentingspecialchildren.co.uk/courses/pre-and-post-assessment-workshops-adhd/>

Parenting Special Children are a charity working with families of children and young people with special needs in Berkshire.

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