



Spring 2019

Pre- and Post-Assessment Workshops - Autism - Burnham

A series of three pre- and post-assessment workshops for parent/carers of children and young people who are awaiting an assessment, or who have recently been diagnosed with Autism.

Topics covered include:

Introduction to Autism

- What is Autism?
- Challenges & concerns
- Strengths and opportunities
- Signposting to support

Anxiety and Autism

- What is anxiety?
- Why it makes sense to be anxious if you're autistic
- Top strategies to support you and your child

Behaviour and Autism

- Challenging behaviour: distressing or in distress?
- Becoming a detective
- There is always a reason
- Top strategies to help you and your child

TIME

7pm-9pm
(no session during half term)

DATE

23 January
27 February
27 March

VENUE

Burnham Park Hall | Windsor Lane
SL1 7HR Burnham

COST

£5 refundable deposit

CONTACT

0118 9863532
admin@parentingspecialchildren.co.uk

PLEASE REGISTER ONLINE:

<http://www.parentingspecialchildren.co.uk/courses/pre-and-post-assessment-workshops-autism/>

Parenting Special Children are a charity working with families of children and young people with special needs in Berkshire.

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