

## Early Years and Prevention Service Weekly News Bulletin: 5<sup>th</sup> August 2020

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### National Play Day 2020

Playday is the national day for play in the UK, traditionally held on the first Wednesday in August. Playday 2020 will be celebrated on **Wednesday 5 August**.

The theme for 2020 is ... **Everyday Freedoms Everyday Adventures**.

The Playday 2020 theme aims to highlight the importance of giving children and teenagers the freedom to play and have everyday adventures. As well as celebrating children's right to play, the Playday 2020 campaign recognises the impact of government restrictions and physical distancing on children's mental health and opportunities to play freely with friends and in their community.

This year, we want to focus on the unique characteristics of play that we know help children make sense of the world around them and can alleviate their stress and anxiety, particularly during challenging and uncertain times.

- **Playing** is fun and is central to children's happiness
- **Playing** helps children's physical, mental and emotional health and well-being
- **Playing** boosts children's resilience, enabling them to cope with stress, anxiety and challenges
- **Playing** supports children to develop confidence, creativity and problem-solving skills
- **Playing** contributes to children's learning and development.

As in previous years we are calling on families and carers to support children to play in carefree ways, on Playday and every day! Children will play wherever they are and whenever they can – as adults we can support this by making play a part of our daily life.

Playday is an annual day to recognise children's right to play. Although it will be very different to previous Playdays, it's important that we go ahead with this year's celebration, as recognising the importance of children's play is more important than ever.

Due to current government guidance about social gatherings and physical distancing, we are not asking you to organise public Playday events but we are looking forward to hearing about the creative ways in which you plan to celebrate Playday in your area. This year, we are encouraging families to

celebrate children's right to play at home. In response to the unusual circumstances, the Playday events section of this website will not be available this year.

We are calling on families, carers, and communities across the UK to join the celebration of play from their doorsteps and clap, cheer, bang pots and pans, and generally **Make a Big Noise for Playday at 2:00pm on Wednesday 5 August.**

<https://www.playday.org.uk/>

### **Local lockdowns: guidance for education and childcare settings**

An outbreak of coronavirus (COVID-19) has been identified in parts of Greater Manchester, East Lancashire and West Yorkshire. The government and relevant local authorities are acting together to control the spread of the virus. Further information on the affected local areas, local restrictions and changes in restrictions are set out in the [guidance published by Department for Health and Social Care on North of England local restrictions](#).

All registered early years and childcare settings, including childminders, may continue to provide education and childcare to all children. They should continue to follow the national [guidance for early years and childcare settings](#).

Providers offering holiday clubs, tuition or other activities to children may also remain open as usual and should continue to follow the national guidance on [protective measures for holiday and after-school clubs and other out-of-school settings](#).

### **Extension of self-isolation period to 10 days**

The UK Chief Medical Officer, Chris Whitty, has [announced that the self-isolation period for people that have symptoms of coronavirus](#) (COVID-19) or that have received a positive test result has now increased from 7 to 10 days.

Testing is available to anyone who has symptoms of coronavirus (COVID-19), whatever their age. Tests are free and can be requested through a [single portal on GOV.UK](#).

### **Updated guidance for early years and childcare providers during the coronavirus (COVID-19) outbreak**

We have updated our [guidance for early years and childcare providers during the coronavirus \(COVID-19\) outbreak](#) to reflect the change in legislation to the 30 hours free entitlement and tax-free childcare offers that came into force on 31 July 2020 and will be in effect until 5 April 2021.

We have also updated the guidance to reflect that early years settings can now return to normal group sizes. Early years settings should still consider how they can minimise mixing within settings, keeping groups apart as much as possible.

### **Updated guidance for schools during the coronavirus (COVID-19) outbreak**

We have updated our [guidance for schools during the coronavirus \(COVID-19\) outbreak](#), to provide additional advice on the return of staff who are clinically vulnerable and clinically extremely vulnerable to work. We have also provided advice to schools who are planning to open their doors to pupils on results day.

This year results cannot be released to students until 8am (rather than 6am as in previous years). UCAS and higher education institutions will also not communicate any confirmation on decisions while the results are under embargo.

### **Early years foundation stage statutory framework (EYFS)**

We have updated the [early years foundation stage \(EYFS\) statutory framework](#) to reflect the extension of the validity of current paediatric first aid certificates. If paediatric first aid certificate

requalification training is prevented for reasons associated directly with coronavirus (COVID-19), the validity of current certificates can be extended to 25 November 2020 at the latest. Employers or certificate holders must do their best to arrange requalification training at the earliest opportunity. This applies to certificates which expired on or after 16 March 2020.

### **Changes to the law on education, health and care needs assessments and plans due to coronavirus (COVID-19)**

The Secretary of State for Education has announced that, unless the evidence changes, the Department for Education will not be issuing further national notices after 31 July to modify section 42 of the Children and Families Act 2014, the duty to secure special education and health care provision in accordance with education health and care plans.

We have updated our guidance for [education, health and care needs assessments and plans on the temporary legislative changes relating to coronavirus \(COVID-19\)](#) to reflect this decision.

### **What parents and carers need to know about early years providers, schools and colleges during the coronavirus (COVID-19) outbreak**

Information for parents and carers about the opening of early years providers, schools and colleges, safety in schools, attendance, transport, school meals and exams.

31 July 2020: Removed 'What parents and carers need to know about nurseries, childminders, schools and colleges until August 2020' as now out of date.

[https://www.gov.uk/government/publications/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak?utm\\_source=5a335406-fc54-4b7d-8e55-f60874f0c99a&utm\\_medium=email&utm\\_campaign=govuk-notifications&utm\\_content=immediate](https://www.gov.uk/government/publications/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak?utm_source=5a335406-fc54-4b7d-8e55-f60874f0c99a&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate)

### **Redundancy support service for apprentices**

To support apprentices who have been made redundant or think they might be in the future, we have launched the [Redundancy Support Service](#) for Apprentices.

Apprentices can call 0800 015 0400 to get free advice, find new opportunities, and access local and national support services offering financial, health and wellbeing, legal and careers advice.

### **Updated guidance on providing apprenticeships during the coronavirus (COVID-19) outbreak**

The Institute for Apprenticeships and Technical Education has announced that all end point assessment flexibilities put in place due to the coronavirus (COVID-19) outbreak will be extended until the end of the year. We have also introduced a temporary flexibility to allow apprenticeship certificates to be sent to an alternative address if the employers office is closed.

Further details on these changes can be found in the [guidance on providing apprenticeships during the coronavirus \(COVID-19\) outbreak](#).

### **PACEY: Toddler meal planner launched to support families and combat childhood obesity**

The Infant & Toddler Forum (ITF) - an expert-led, not for profit organisation specialising in early years nutrition and development – today launches an innovative resource inspired by parents, and designed to help parents and carers simplify planning meals for their toddlers. Solving the challenge of which foods, how often and how much, the Toddler Meal Planner helps to get the balance right whilst at the same time encouraging those healthy habits for life.

<https://www.pacey.org.uk/news-and-views/news/news-toddler-meal-planner-helps-families-get-the/>

## Nursery and early years sector: COVID-19 restrictions and consumer law advice

This advice is primarily aimed at nurseries and early years settings in relation to their agreements with parents (consumers) who privately fund their childcare places during Covid-19 pandemic restrictions.

The purpose of this advice is to assist businesses during the crisis by helping them comply with consumer law and reach fair agreements with parents. As such it will also be of interest to parents and carers who use the services of nurseries and early years providers.

<https://www.gov.uk/government/publications/nursery-and-early-years-sector-covid-19-restrictions-and-consumer-law/nursery-and-early-years-sector-covid-19-restrictions-and-consumer-law-advice>



CMA open letter to the early years sector

## Free Family Learning Courses

Community Learning and Skills Service are delighted to be able to offer secure online Family Learning courses and workshops via Zoom to families within the Borough.

Classes are free and designed to provide opportunities to aid development of children whilst learning together as a family can be fun and beneficial for all involved. Classes aim to strengthen bonds between children and their parents/carers and allows them to find out how their children learn and understand how to support them better.

Course	Date and times	Outline	Age
<b>Lunch and Learn cook sessions – Family Cooking Short Course</b>	Friday 7 <sup>th</sup> August and Friday 14 <sup>th</sup> August – 11am start	<i>Cooking together means you can learn to cook nutritious, simple meals for the whole family. Spend time together learning new skills, expanding your food repertoire and worldly food knowledge, and leave with lunch for your family to enjoy in the comfort of your own home.</i>	Adults and Children aged 5+
<b>Facemask Making Workshops</b>	Workshop dates: Saturday 8 <sup>th</sup> August – 09:30am start  Thursday 13 <sup>th</sup> August – 11am start  Saturday 15 <sup>th</sup> August – 1pm start	<i>With the new rules on face coverings, these fun workshops for the whole family aim to teach a simple way of making a face covering using items found within the home. A cloth face covering your mouth and nose while allowing you to breathe comfortably and its reusable too. Learn simple sewing techniques to create masks for the whole family and stay safe and protected when out and about. All you need is an old T-shirt, pen, ruler, scissors, elastic, needle and thread.</i>	Adults and Children aged 8+ as handling needles, adult supervision necessary.
<b>Food Fridays – Family Cooking Short Course</b>	Friday 11 <sup>th</sup> September to Friday 25 <sup>th</sup> September – 11am start	<i>Cooking together means you can learn to cook nutritious, simple meals for the whole family. Spend time together learning new skills. Age appropriate developments whilst cooking will help develop muscles, fine motor and gross motor skills as well as basic Maths and vocabulary development, all whilst learning to make healthy eating choices.</i>	Adults and Children aged 2-5 years old

Families can enrol themselves on any of the above via webenrol: [www.webenrol.com/ebclass](http://www.webenrol.com/ebclass)

If they have any queries they can contact a member of the team on:

Tel: 01753476611

Email: [lifelonglearning.lifelonglearning@slough.gov.uk](mailto:lifelonglearning.lifelonglearning@slough.gov.uk)

**One Slough**

# The OneSlough project

#OneSlough



## What is the OneSlough project?

This is a collaboration of key local organisations who have developed a rapid pilot project to test approaches to strengthen the ability of individuals and our Black Asian and Minority Ethnic communities to protect themselves from the direct and indirect harms of coronavirus.

## What support is available?

We have created a project landing page which has links to ways residents can reduce their risk of coronavirus, look after their health at home and find further coronavirus information. This can be found at

[www.publichealthslough.co.uk/campaigns/one-slough](http://www.publichealthslough.co.uk/campaigns/one-slough)

The project will also be providing support to workplaces, local community groups and organisations, as well as an enhanced clinical pathway to expedite support for people suffering from covid-19.

## What if a vulnerable resident needs immediate support for things like food or medicine?

They can contact the One Slough community response on <https://sloughcvcs.org/covid19/> or by calling 01753 944198

## What if a resident needs other health information or advice?

For things like mental health, oral health, immunisations, weight management and stop smoking support they can head to [www.publichealthslough.co.uk](http://www.publichealthslough.co.uk) or call 01753 373646

## Who is involved in the project?

- Slough Borough Council
- Frimley Health and Care Integrated Care System
- NHS East Berkshire Clinical Commissioning Group
- Berkshire Healthcare NHS Foundation Trust
- Slough Council for Voluntary Services (including Apna Virsa)
- The Berkshire Shared Public Health team
- Primary and Secondary care colleagues

## Is there translated material?

We are working closely with COVID19\_Infographics who have produced a range of material in various languages. These are available at:

<https://covid19graphics.info/>

Alternatively please contact us directly if you require different resources.

## What if a resident needs a coronavirus test?

Residents can now get tested at the new hybrid testing site in the old Montem Leisure centre car park.

- The site is open from 8am-8pm daily
- You can walk or drive in
- You can get tested if you have symptoms and if you don't have symptoms.
- You can book a test at the site by calling 119 or by simply turning up without booking. (There maybe a longer wait when not booking in advance)

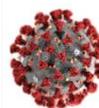
For more information on the OneSlough project please email [publichealthslough@slough.gov.uk](mailto:publichealthslough@slough.gov.uk)



Government guidance:

- o Stay at home as much as possible
- o Work from home if you can
- o Limit contact with other people
- o Keep your distance if you go out (2 meters apart where possible - 1 meter plus when not)
- o Wash your hands regularly
- o Do not leave home if you or anyone in your household has symptoms

# Reducing your risk of coronavirus



#OneSlough



[www.publichealthslough.co.uk/campaigns/one-slough](http://www.publichealthslough.co.uk/campaigns/one-slough)

- Promoting the importance of wearing face coverings, according to Government guidelines:
  - Mandatory on Public Transport, in shops, Supermarkets, indoor shopping Centres, and when buying food & drink to takeaway and in cafes.
  - See attached infographics that can be shared, in the 5 main Slough languages
  - Remind people that a face covering does not have to be a mask, it can be a simple scarf or piece of fabric, as long as it covers the nose and mouth.



- Please push the One Slough webpage - [www.publichealthslough.co.uk/campaigns/one-slough](http://www.publichealthslough.co.uk/campaigns/one-slough) , which includes the subpage about how people can reduce their risk of coronavirus (i.e. the regular hand wash, social distancing etc.. along with the wider health behaviours e.g. obesity, inactivity and smoking)
- Promotion of the testing site, Test & Trace & Covid-19 survey ..
  - Situated at the old Montem Leisure Centre carpark
  - Here is a video link of 2 local young people and their experience of having the test - <https://youtu.be/qHvirHm10Zs>
  - Highlight the importance of Test & Trace....Slough has some of the lowest contact tracing numbers in the South East, and it's imperative that it improves so that we are able to prevent a local lockdown and prevent future spread of the virus - <https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works>
  - Encourage as many as possible to take this survey (especially those of the BAME community) - <https://www.surveymonkey.co.uk/r/GR5W5SS>

## Procedures online

The Slough Children's Services Trust Procedures Manual has been updated.

Welcome to Slough Children's Services Trust Procedures Manual which is produced and maintained in partnership with tri.x. This replaces all previous manuals.

The manual is laid out as following:

- [Contents](#) - this contains the procedures that meet the national social work requirements required by the legislation and statutory guidance;
- [Local Resources](#) - this contains local guidance, tools and other information that supports and complements the main procedures. It is important that you use this area;
- The [Pan Berks Child Protection Procedures](#) can also be accessed from the toolbar and contain the multi-agency procedures for safeguarding. You will need to access these procedures as well;
- Also from the Pan Berks Procedures button you can access the [Slough Safeguarding Partnership](#) which has a range of guidance on safeguarding topics.

Please see '[Using this Manual](#)' for details about the way this manual works.

<https://sloughchildcare.proceduresonline.com/index.html#>