



# Priory School (Foundation)

Orchard Avenue, Slough, Berkshire, SL1 6HE  
www.prioryschool.com  
Head teacher: Mrs H Foster

12<sup>th</sup> January 2026

Dear Parent/Carer,

At Priory School, we believe education includes not only strong curriculum learning, but inspiring **life experiences** that build confidence, wellbeing, and trust. We would like to offer Year 3 pupils the chance to take part in a **Bernie Walk at Burnham Beeches**.

These walks are designed to provide:

### **Mental health and wellbeing benefits**

Fresh air, movement, and time in nature are proven to reduce stress, boost mood, and support emotional regulation. Time in Burnham Beeches will provide a calm and restorative environment that supports children's mental wellbeing.

### **New experiences and confidence building**

For some children, this may be their first time exploring Burnham Beeches – a beautiful local woodland. Experiencing new environments helps children build confidence, independence, and curiosity about the world around them.

### **A meaningful opportunity for pupil voice**

Children will have the chance to speak directly with a member of SLT in an informal, natural setting. These conversations will help us understand their views on school, what they enjoy, what matters to them, and how we can continue to improve. Their voices will genuinely help shape the future of Priory School.

### **Life experience, not just school experience**

These walks reflect our belief that school should offer moments children remember – opportunities that widen horizons, strengthen relationships, and create a sense of belonging and trust.

### **Walk details:**

- Take place on Tuesday afternoons starting the week beginning 26<sup>th</sup> January
- A one-off experience – your child will go once only
- Each walk will include 4 pupils, 2 adults (Mrs Larkins + one SLT member)

Contact: Telephone: 01628 600300  
office@prioryschool.com



- Travel in a fully insured school vehicle.
- Dog interaction is supervised, optional, and child-led

These walks will provide valuable benefits for children:

- Time in nature to **boost mood and support mental wellbeing**
- A **new outdoor experience** for some pupils
- A calm space to **share honest views with SLT** to help shape school improvement
- A memorable experience that supports **confidence, curiosity, and pupil voice**

We will inform you the day before of your child's walk so that you can ensure that you send them in with a warm coat and suitable footwear.

Thank you for supporting experiences that help children grow, share, and thrive. Please complete the below forms to give permission:

[Year 3 – Bernie Walks at Burnham Beeches \(Parent Consent Form\) – Fill in form](#)

Yours sincerely,



Hannah Foster

**Head Teacher** Curiosity, Hope, Opportunity, Trust

Growing determined, courageous, kind individuals proud to be Priory children