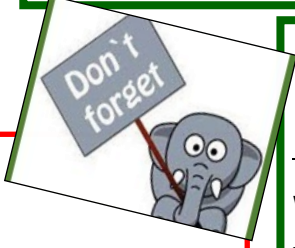




# Peek at the Week Nursery– 10th May 2024



**Friday 17th May:** please wear something green to nursery for Mental Health Awareness Day

National Smile Month 2024 recommends these key actions for an adult healthy smile:

- Brush your teeth last thing at night and at one other time during the day
- Brush your teeth with a **fluoride** tooth-paste for 2minutes
- Brush your tongue
- Clean in between your teeth everyday with interdental brushes or floss
- Use a mouthwash every day
- Cut down on how much and how often you have sugar



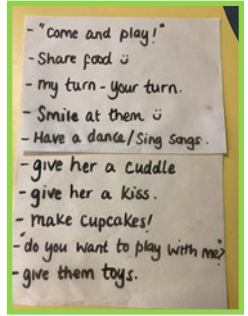
Karen Gonzalez from 'Slough Healthy Smiles' visited us this week and showed us how to brush our teeth correctly for two minutes.



## Our Learning

### Personal, Social & Emotional Development

We have been talking more about friendships and about how important it is to make sure all our children are included in play. We made a list of all the things we could do to make our friends feel happy when they are in nursery.



### Communication & Language Development



We have been developing our listening skills as part of our phonic work. We have been playing 'what's in the box?' Every item in the box begins with the same sound and we have to listen and say the sound. We have been looking at the sounds that /r/ h/ /v/ make.

### Physical Development

We have been enjoying digging holes, placing the plants in and then pressing the soil down to make sure they're in position. Movements like this further develop our core strength and coordination. (Gardening supports and extends children's physical development, muscular strength, fine motor skills and coordination)



**Child of the week:** Luna for growing in confidence and being a kind member of the class.

Please share this video and encourage your child to sing along.

[Mr Tumble brushing teeth song](#) | [2 minute toothbrush timer](#) | [Learn makaton and sing a new song](#)



Sign of the Week: **'toothbrush'**



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